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# SAI RAM INSTITUTE OF TECHNOLOGY

An Autonomous Institution | Affiliated to Anna University & Approved by AICTE, New Delhi  
Accredited by NBA and NAAC "A+" | An ISO 9001:2015 Certified and MHRD NIRF ranked institution  
Sai Leo Nagar, West Tambaram, Chennai - 600 044. [www.sairamit.edu.in](http://www.sairamit.edu.in)



## NATIONAL SERVICE SCHEME



REGULAR ACTIVITIES .....

ACADEMIC YEAR 2022 - 2023



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## Regular Programme Index 2022 - 2023

S.NO	DATE	PROGRAMME	VOLUTNEERS
01	11.10.2022	One Day Training Programme for NSS Programme Officer	
02	26.11.2022	Constitution Day	120
03	07.12.2022	Pink Eye	90
04	21.12.2022	Mass Blood Donation Camp II 362 units	45
05	23.01.2023	Blood Donation Awareness Programme	08
06	24.01.2023	Mass Blood Donation Camp II 102 units	45
07	26.01.2023	Cram Sabah meeting Pudduppair	04
08		National Integration Camp	01
09	08.02.2023	School programme :GOALS	42
10	21.02.2023	Tree Plantation	14
11	25.02.2023	Disaster management	75
12	10.03.2023	Bone Calcium Check-up Program (staff)	114
13	24.03.2023	Tree Plantation	
14	22.02.2023	NSS Orientation Courses	150
15	25.02.2023	Disaster Management Training Program	74
16	10.03.2023	BMA Scan - Bone Density Check-up (staff)	108
17	24.03.2023	Tree Plantation - Graduation Day	12 (12 Tree)
18	17.04.2023 to 23.04.2023	NCC & NSS Training Camp	05
19	05.06.2023	World Environment Day	55
20	21.06.2023	Yoga Day	45
21	26.06.2023	Drug Abuse - International Day Against - Rally, Kundrathue	55
22	12.07.2023	NSS Activities a Virtual Meeting	01



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23.01.2023

## Blood Donation Awareness







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24.01.2023

## Blood Donation Camp - II







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## 26.01.2023 GRAMMA SABHA MEETING - PUDDUPAIRU







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08.02.2023  
School programm





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21.02.2023  
Tree Plantation







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22.02.2023

## NSS Orientation Programme







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25.02.2023

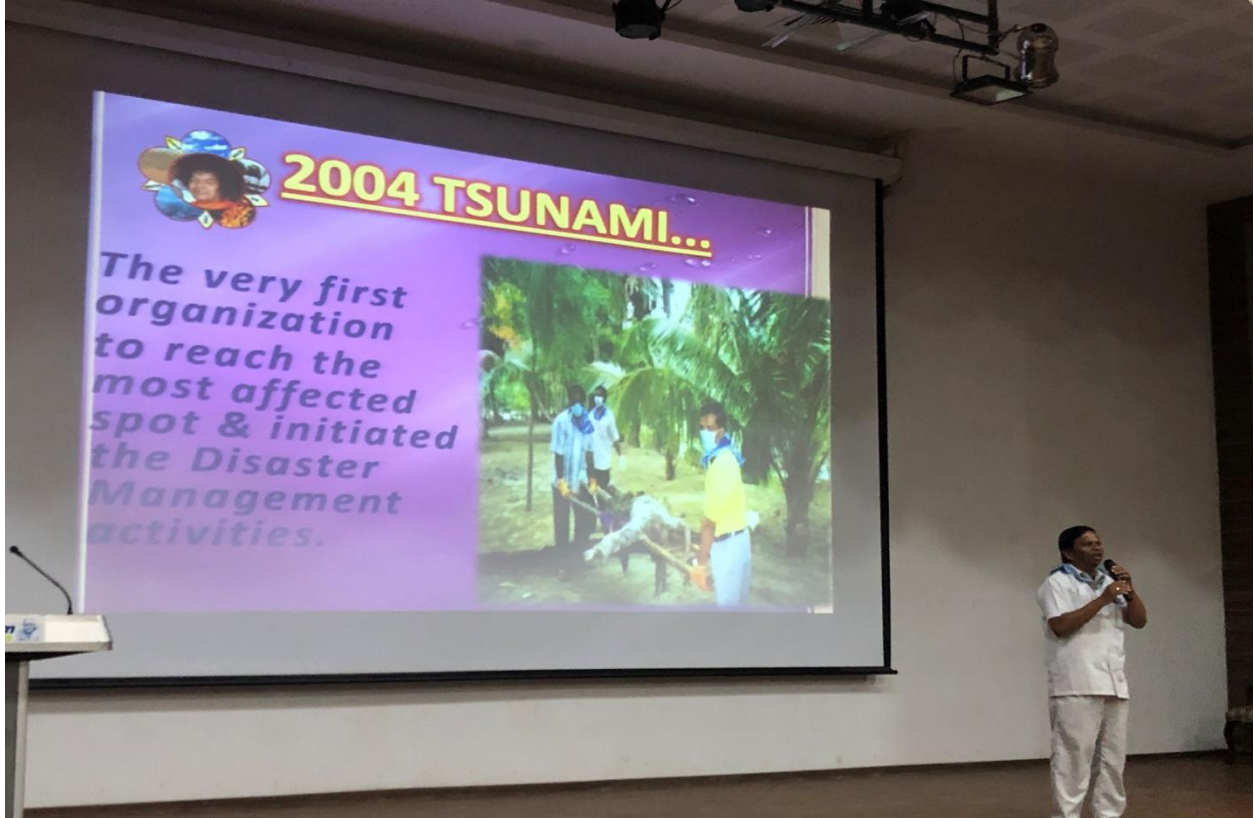




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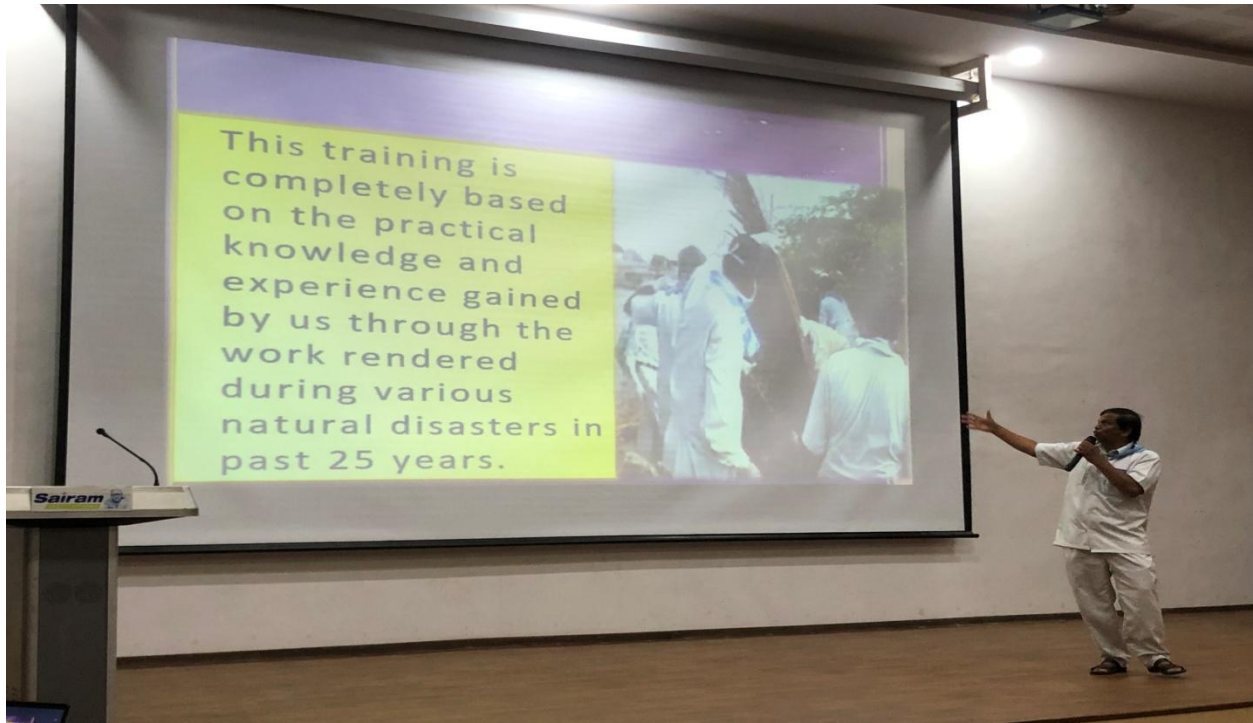




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10.03.2023

## BMD SCAN

### Osteoporosis-Bone Mineral Density







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24.03.2023

## Graduation Day – Tree Plantation







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SAVE OUR ENVIRONMENT **WORLD ENVIRONMENT DAY**

**05.06.2023**

The poster features a top section with accreditation logos including Sairam RAISE EOMS, ARIIA, NIRF, and Sustainable Development Goals. Below these is the SAI RAM INSTITUTE OF TECHNOLOGY logo and name, along with accreditation details. A yellow banner reads "National Service Scheme". The main text announces a lecture on "SAVE OUR ENVIRONMENT" on Monday, 05th JUNE | 2023, from 02:00 pm to 03:00 pm. A circular portrait of Mr. D. Muralidharan is shown. The text "Delivered by:- Mr. D. Muralidharan, Dept. of Mathematics (SSIT)" is displayed. At the bottom, three individuals are listed: Dr. K. Baranidharan (Co-ordinator), Dr. K. Palanikumar (Principal/SIT), and Dr. Sai Prakash LeoMuthu (Chairman & CEO).



**NATIONAL SERVICE SCHEME**

**SRI SAI RAM INSTITUTE OF TECHNOLOGY, CHENNAI**





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SAVE OUR ENVIRONMENT WORLD ENVIRONMENT DAY

05.06.2023



**Date:05.06.2023**

**Place : Auditorium SSIT**

**Volunteers : 40**





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9TH INTERNATIONAL

YOGA DAY

21.06.2023

**Sairam RAISE FORMS** | **ARIA** | **nirf** | **Sustainable Development Goals** | **Sairam INSTITUTIONS**

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## National Service Scheme

**HEALTH & YOGA CLUB**  
organize

**SRI SAI RAM INSTITUTE OF TECHNOLOGY**  
An Autonomous Institution  
West Tambaram, Chennai - 44  
[www.sairamit.edu.in](http://www.sairamit.edu.in)

**9TH INTERNATIONAL YOGA DAY CELEBRATIONS**  
Yoga for Harmony & Peace

**Mr. R. KARTHIK**  
Facilitator:  
Yoga Instructor  
Best Health Yoga Centre,  
Chennai

**ASPIRATIONS FOR  
ONE EARTH  
ONE FAMILY  
ONE FUTURE**

21.06.2023, Wednesday @ 10.00 am to 11.30 am  
Venue : Sairam Yoga Center

## Yoga Day 2023 Vasudhaiva Kutumbakam

<b>Dr.K.Baranidharan</b> NSS Program Officer	<b>Dr.K.Palanikumar</b> Principal	<b>Dr.Sai Prakash LeoMuthu</b> Chairman & CEO Sairam Institutions
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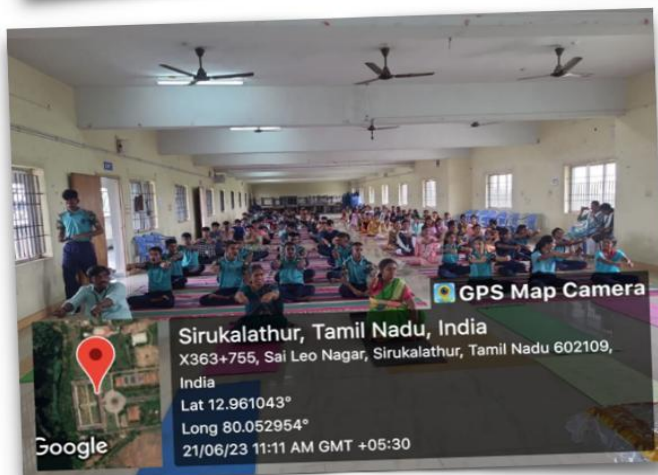
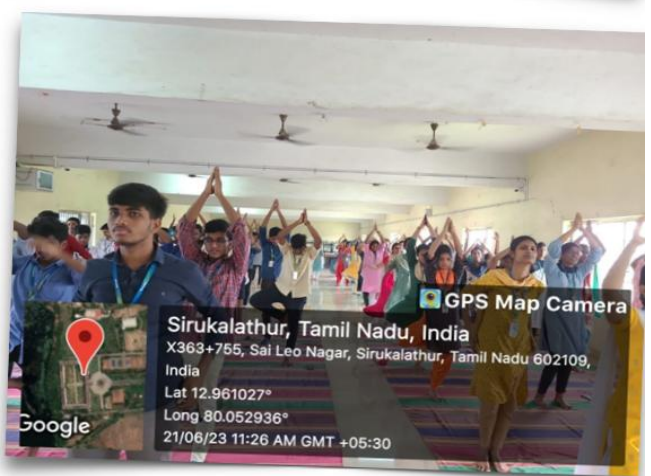
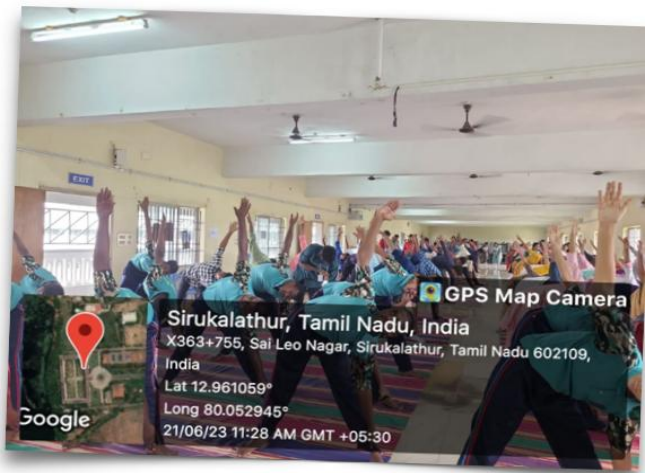
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9TH INTERNATIONAL

YOGA DAY

21.06.2023







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9TH INTERNATIONAL

YOGA DAY

21.06.2023



## Date:21.06.2023

Place : Yoga Auditorium SSIT

Volunteers : 65





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**INTERNATIONAL DAY AGAINST DRUG ABUSE RALLY - 26.06.2023**



**NATIONAL SERVICE SCHEME**

**SRI SAIRAM INSTITUTE OF TECHNOLOGY, CHENNAI**

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**INTERNATIONAL DAY AGAINST DRUG ABUSE RALLY - 26.06.2023**



**NATIONAL SERVICE SCHEME**

**SRI SAIRAM INSTITUTE OF TECHNOLOGY, CHENNAI**

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**INTERNATIONAL DAY**

**AGAINST DRUG ABUSE**

**RALLY - 26.06.2023**



**Date: 26.06.2023**

**Total Volunteers : 40**

**Place : Kudrathur**





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## 12.07.2023

### NSS Activities a Virtual Meeting

The screenshot displays a Zoom virtual meeting interface. At the top, there are two large video windows. The left window shows a participant named 'rajesh ganesan'. The right window shows 'Dr.K Baranidharan' wearing a headset. To the right of these windows is a grid of smaller participant icons, including 'Govinda Rajan', 'NSS Office', 'Dr V Joseph Paul Raj', 'Dr.M.YUVARAJU', 'selva raj', 'Ramesh A', 'Kumara Gurubaran', 'ganesh kumar', 'Babu T', and '65 others'. Below the video windows is a meeting control bar with icons for mute, video, chat, and other functions. The time '11:42 AM' and the meeting ID 'ajj-edrr-oaq' are visible. A second screenshot below shows a similar view but with 'Dr.K Baranidharan' as the primary video window and 'Dr.M.YUVARAJU' in a smaller circular inset. The participant grid now shows 92 participants, and the time is '11:45 AM'.





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11:44 AM | aij-edrr-oaq

rajesh ganesan	Govinda Rajan	NSS Office	Dr V Joseph Paul...	Dr.M.YUVARAJU	selva raj	Ramesh A	Kumara Gurubar...	ganesh kumar
Babu T	Jayaprakash Pap...	Vadivel M	Mr.Sriram Englis...	ramachandranm...	surresh kumar	ARUNA M	Dr. V. S. Saravanan	BalaMurugan K E...
Vaina's Music	Naveen S	Sakunthala Maha...	Arul kumar	E satheesh kumar	VIGNESHKUMAR...	PRAKASH NARA...	Ravi Raj	G P Rajesh
Dr Theivarasu C ...	nss programme ...	R. Saravanan	T.S RAJA	Jeevanantham j...	SOMASUNDAR K	Saravana Kumar	Prasanna Venkat...	saravanam ECE
SENTHIL V	shanmugarathin...	SARAVANAN R S...	JIT National Serv...	M.ANANDA KUM...	Karate Tennison	Saravanan K - PS...	41 others	Dr.K Baranidharan

11:44 AM | aij-edrr-oaq

rajesh ganesan	Govinda Rajan	NSS Office	Dr V Joseph Paul...	Dr.M.YUVARAJU	selva raj	Ramesh A	Kumara Gurubar...	ganesh kumar
Babu T	Jayaprakash Pap...	Vadivel M	Mr.Sriram Englis...	ramachandranm...	surresh kumar	ARUNA M	Dr. V. S. Saravanan	BalaMurugan K E...
Vaina's Music	Naveen S	Sakunthala Maha...	Arul kumar	E satheesh kumar	VIGNESHKUMAR...	PRAKASH NARA...	Ravi Raj	G P Rajesh
Dr Theivarasu C ...	nss programme ...	R. Saravanan	T.S RAJA	Jeevanantham j...	SOMASUNDAR K	Saravana Kumar	Prasanna Venkat...	saravanam ECE
SENTHIL V	shanmugarathin...	SARAVANAN R S...	JIT National Serv...	M.ANANDA KUM...	Karate Tennison	Saravanan K - PS...	41 others	Dr.K Baranidharan